






JOTHYDEV'S PROFESSIONAL EDUCATION FORUM
ANNUAL DIABETES
GLOBAL CONVENTION 2016

		
20th & 21st AUGUST 2016	TAJ VIVANTA TRIVANDRUM	+91 9496246200 www.jothydev.net/jpef
CME CREDITS APPROVED BY TCMC		





**JOTHYDEV'S
PROFESSIONAL
EDUCATION FORUM**

Dear Friends,

We take pleasure inviting you to a two day power packed diabetes scientific educational convention - **4th Jothydev's Professional Education Forum (JPEF) Annual International Convention on 20th & 21st August, 2016** organised by JPEF under the aegis of P. Kesavadev Trust in association with DiabetesIndia.

We have the most distinguished line of national and international faculty joining us for the 4th consecutive year in the historical city of Trivandrum. This year, the theme is '**Diabetes: Solutions to Stay in Target**', signifying the pivotal role of timely interventions in prevention & treatment of diabetes. We promise a truly intellectual scientific festival enriched with the most sought after speakers across the country and abroad.

The contemporary **Taj Vivanta, Trivandrum** located in the heart of Trivandrum city will serve as the convention venue. Taj Vivanta offers easy access to Sree Padmanabhaswamy Temple, Napier Museum and is just 20 minutes drive from the airport.

We welcome you to God's Own Country for a memorable educational experience.

Yours faithfully,

Jothydev Kesavadev
Managing Trustee
P. Kesavadev Trust

IN
ASSOCIATION
WITH



DR. SHAUKAT M. SADIKOT
(President)
Dr. S. R. Aravind
(Secretary General)
Dr. Banshi Saboo
(Executive Secretary)

JPEF NATIONAL SCIENTIFIC COMMITTEE

Dr. Banshi Saboo (Ahmedabad)
Dr. Anjana Ranjit Mohan (Chennai)
Dr. Anuj Maheshwari (Lucknow)
Dr. Rajiv Kovil (Mumbai)



SCIENTIFIC PROGRAM

LECTURES :: PANEL DISCUSSIONS :: WORKSHOPS :: ORATIONS :: SYMPOSIA

FACULTY

DR. ABDUL HAMID ZARGAR	Srinagar	DR. MANOJAN K. K	Trivandrum
Ms. AISHATH SHIRUHANA	Maldives	DR. MATHEW JOHN	Trivandrum
DR. AJITH KUMAR P. V	Trivandrum	DR. MATHEW THOMAS	Trivandrum
DR. AJITH KUMAR S	Trivandrum	DR. MOHAN VARGHESE	Thiruvalla
DR. ALI SIYAN	Maldives	Ms. NAILA MAJEED	Maldives
DR. AMBIKA SHETTY	Trivandrum	DR. NARSINGH VERMA	Lucknow
DR. ANANT NIGAM	Jaipur	DR. NAVNEET WADHWA	Mumbai
DR. ANJANA RANJIT MOHAN	Chennai	Ms. NEETHU ANNIE AJAI	Kochi
DR. ANUJ MAHESHWARI	Lucknow	DR. PRASANTH SANKAR	Pathanamthitta
DR. ARUN N. M	Palakkad	DR. RADHAKRISHNAN A. P	Palakkad
DR. ARUN SHANKAR	Trivandrum	DR. RAJIV KOVIL	Mumbai
DR. ASHOK KUMAR DAS	Puducherry	DR. RAKESH SAHAY	Hyderabad
DR. ASHWIN DAVID ASHOK	Trivandrum	DR. RAMESAN PILLAI	Trivandrum
DR. AWADHESH KUMAR SINGH	Kolkata	DR. RANJIT UNNIKRISHNAN	Chennai
DR. BALACHANDRAN K	Trivandrum	DR. RAO P. V	Hyderabad
DR. BALACHANDRAN V	Kollam	DR. RAVEENDRAN A. V	Kottayam
DR. BALAGOPAL P. G	Trivandrum	DR. RAVIKUMAR A. KURUP	Trivandrum
DR. BANSHI SABOO	Ahmedabad	Ms. REKHA GUPTA	Varanasi
DR. BEENA UNNIKRISHNAN	Trivandrum	Ms. REMYA IYER	Trivandrum
DR. BENNY P. V	Trivandrum	DR. RISHI SHUKLA	Kanpur
DR. BINAYAK SINHA	Kolkata	DR. SAHADULLA M. I	Trivandrum
DR. CHACKO VARGHESE	Trivandrum	DR. SAMAR BANERJEE	Kolkata
DR. DEEPAK K. JUMANI	Mumbai	DR. SANDEEP R	Trivandrum
DR. DEVIN PRABHAKAR	Trivandrum	DR. SANJAY KALRA	Karnal
DR. GEETHA M. NAIR	Trivandrum	DR. SANJIV SHAH	Mumbai
Ms. GEETHU SANAL	Trivandrum	DR. SARITA BAJAJ	Allahabad
DR. GEORGI ABRAHAM	Chennai	DR. SESHIAH V	Chennai
Ms. GOPIKA KRISHNAN	Trivandrum	DR. SHAUKAT M. SADIKOT	Mumbai
DR. HARIKRISHNAN R	Trivandrum	DR. SHEEJA P. SREENIVAS	Kochi
DR. HARIKRISHNAN S	Trivandrum	DR. SHILPA JOSHI	Mumbai
DR. HEMANT THACKER	Mumbai	DR. SHIJI P. V	Calicut
DR. JABBAR P. K	Trivandrum	DR. SREEJITH N. KUMAR	Trivandrum
DR. JAYAKUMARI C	Trivandrum	DR. SREEKUMAR R. C	Trivandrum
DR. JAYANTA PANDA	Cuttack	DR. SUMIT BANERJEE	Mumbai
DR. JOHN WILDING	United Kingdom	Ms. SUNITHA JOTHYDEV	Trivandrum
DR. JOHNNY J. KANNAMPILLY	Kochi	DR. SUNIL PRASOBH	Trivandrum
DR. JOTHYDEV KESAVADEV	Trivandrum	DR. SYAM SUNDER O. S	Trivandrum
Ms. KARTHIKA V. N	Trivandrum	DR. THOMAS MATHEW	Trivandrum
DR. KRISHNA SESHADRI	Chennai	DR. THOMAS TITUS	Trivandrum
DR. LONE P. CHRISTENSEN	Denmark	DR. UNNIKRISHNAN A. G	Pune
DR. MADHUSUDANAN S	Trivandrum	DR. VASUDEVAN POTTY	Trivandrum
DR. MANISHA SAHAY	Hyderabad	DR. VIJAYAKUMAR G	Pandalam
DR. MANOJ S. CHAWLA	Mumbai		



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HALL - A	PROGRAM	SATURDAY, 20 th AUGUST 2016
07:30 AM ONWARDS	08:00 AM	08:00 AM
REGISTRATION	EXHIBIT STALLS OPEN	WELCOME MESSAGE

08:30 AM
08:45 AM

CLASSIFICATION AND DIAGNOSIS OF DIABETES

Speaker : DR. ARUN SHANKAR (Trivandrum)
Chair : DR. SANDEEP R (Trivandrum)

08:45 AM
09:00 AM

PHYSICAL ACTIVITY RECOMMENDATIONS IN DIABETES AND OBESITY

Speaker : DR. ASHWIN DAVID (Trivandrum)
Chair : DR. SHEEJA SRINIVAS (Kochi)

09:00 AM
09:25 AM

EXPLORING REASONS FOR FAILURE IN TREATING TYPE 1 DIABETES

Speaker : DR. RISHI SHUKLA (Kanpur)
Chair : DR. ARUN N. M (Palakkad)

09:25 AM
09:50 AM

RE-LIVING HOPE IN INDIAN CLINICS (HOPE 3)- OPTIMAL STATINS FOR DIABETES

Speaker : DR. HARIKRISHNAN S (Trivandrum)
Chair : DR. THOMAS TITUS (Trivandrum)

09:50 AM
10:15 AM

HBA1C NON-CONCORDANT WITH GLUCOSE READINGS: INTERPRETATION & WISDOM

Speaker : DR. SANJIV SHAH (Mumbai)
Chair : DR. BALACHANDRAN K (Trivandrum)

10:15 AM
10:40 AM

MIGHTY METFORMIN: WHAT IS NEW?

Speaker : DR. JABBAR P. K (Trivandrum)
Chair : DR. BALAGOPAL P. G (Trivandrum)

10:40 AM
11:05 AM

PREVENTING AND TREATING DIABETIC FOOT ULCERS

Speaker : DR. LONE P. CHRISTENSEN (Denmark)
Chair : DR. AMBIKA SHETTY (Trivandrum)

11:05 AM
11:35 AM

DR. V. C. MATHEW ROY MEMORIAL ORATION: MAKING AN IMPACT IN GESTATIONAL DIABETES MELLITUS

Speaker : DR. SESHIAH V (Chennai)
Chair : DR. RAVIKUMAR A. KURUP (Trivandrum)

11:35 AM
12:00 PM

THE ISLAND STUDY-OVERVIEW OF DIABETES AND ITS RISK FACTORS IN MALDIVES

Speaker : DR. ALI SIYAN (Maldives)
Chair : DR. DEVIN PRABHAKAR (Trivandrum)

12:00 PM
12:30 PM

P. KESAVADEV ORATION: WHAT IS NEW IN THE MANAGEMENT OF DIABETIC NEPHROPATHY INCLUDING RENAL REPLACEMENT THERAPIES

Speaker : DR. GEORGI ABRAHAM (Chennai)
Chair : DR. CHACKO VARGHESE (Trivandrum)



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HALL - A

PROGRAM

SATURDAY, 20th AUGUST 2016

12:30 PM
01:00 PM

**COST IN DIABETES-EXPERIENCE WITH DTMS[®],
GLUCOSE SENSORS AND INSULIN PUMPS**

Speaker : DR. JOTHYDEV KESAVADEV (Trivandrum)
Chair : DR. ALI SIYAN (Maldives)

01:05 PM
01:30 PM

**EMPA REG RENAL OUTCOME: SLOWING
PROGRESS OF KIDNEY DISEASE IN DIABETES**

Speaker : DR. KRISHNA SESHADRI (Chennai)
Chair : DR. BEENA UNNIKRISHNAN (Trivandrum)

01:30 PM
02:30 PM

 **LUNCH BREAK**

02:30 PM
02:55 PM

**BIOSIMILAR INSULIN: MADE IN INDIA
FOR THE WORLD**

Speaker : DR. MATHEW JOHN (Trivandrum)
Chair : DR. RADHAKRISHNAN A. P (Palakkad)

02:55 PM
03:20 PM

**ADDRESSING CHALLENGES IN MANAGING
DIABETES IN THE YOUNG**

Speaker : DR. SREEJITH N. KUMAR (Trivandrum)
Chair : DR. JAYAKUMARI C (Trivandrum)

03:20 PM
03:45 PM

GUT MICROBIOTA AND DIABETES

Speaker : DR. ANJANA RANJIT MOHAN (Chennai)
Chair : DR. MADHUSUDANAN S (Trivandrum)

03:45 PM
04:15 PM

**PARADIGM SHIFT IN CV RISK MANAGEMENT
IN T2D WITH EMPA REG CV OUTCOMES**

Speaker : DR. SAMAR BANERJEE (Kolkata)
Chair : DR. RAVEENDRAN A. V (Kottayam)

04:15 PM
04:45 PM

INAUGURATION

Message from Hon. Health Minister Ms. K. K. SHYLAJA
DR. SHASHI THAROOR, Hon. Member of Parliament
DR. SHAUKAT M. SADIKOT, President, IDF
DR. THOMAS MATHEW, Principal, MC, TVM
DR. MANOJAN K. K, Director, Gokulam Med. College, TVM
DR. SAHADULLA M. I, Director, KIMS, TVM

04:45 PM
05:15 PM

IDF PRESIDENTIAL ORATION:
**WINNING OVER DIABETES: EDUCATION,
EDUCATION, EDUCATION: THE IDF GOALS**

Speaker : DR. SHAUKAT M. SADIKOT (Mumbai)
Chair : DR. JOTHYDEV KESAVADEV (Trivandrum)
DR. JAYANTA PANDA (Cuttack)

05:15 PM
05:40 PM

**HAVE WE BEEN ABLE TO UNRAVEL THE KGA1C
PARADOX IN TYPE 2 DIABETES?**

Speaker : DR. ANANT NIGAM (Jaipur)
Chair : DR. ARUN SHANKAR (Trivandrum)

05:40 PM
06:05 PM

THE ENDOCRINOLOGY OF ERECTILE DYSFUNCTION

Speaker : DR. DEEPAK K. JUMANI (Mumbai)
Chair : DR. BENNY P. V (Trivandrum)



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HALL - A

PROGRAM

SATURDAY, 20th AUGUST 2016

06:05 PM
06:25 PM

**CONTINUOUS GLUCOSE MONITORING:
HOW IT ASSISTS PATIENT CARE IN DIABETES**

Speaker : DR. JOHNNY J. KANNAMPILLY (Kochi)
Chair : DR. AJITH KUMAR P. V (Trivandrum)

07:00 PM
09:00 PM

GLIPTIN SYMPOSIUM

- ▶ **DPP4 INHIBITORS IN THE SGLT2 ERA.
WHERE DOES EACH ONE FIT!**
- ▶ **T2 DIABETES THERAPY PARADIGM:
DPP4 INHIBITORS STILL MY BEST OAD BET!**
- ▶ **INSULIN SPARING EFFECTS OF GLIPTINS:
PATH BREAKING RESULTS FROM SWIM STUDY**
- ▶ **ARE ALL DPP4 INHIBITORS SAME IN THE WAKE
OF RECENT CVOTs?**

Moderator:
DR. KRISHNA SESHADRI (Chennai)

Speaker : DR. BINAYAK SINHA (Kolkata)

Speaker : DR. ANANT NIGAM (Jaipur)

Speaker : DR. JOTHYDEV KESAVADEV (Trivandrum)

Speaker : DR. AWADHESH KUMAR SINGH (Kolkata)

09:00 PM



DINNER

HALL - B

PROGRAM

SATURDAY, 20th AUGUST 2016

10:00 AM
11:00 AM

DIABETES EDUCATOR WORKSHOP

- ▶ **IMPORTANCE OF MIND AND DIABETES:
THE CLINICAL SIGNIFICANCE**
- ▶ **COMMON INSULIN INJECTION ERRORS AND
ITS SOLUTIONS**
- ▶ **HOW CAN A DIABETES EDUCATOR ASSIST
A DIABETOLOGIST?**

Moderator:
Ms. SUNITHA JOTHYDEV (Trivandrum)

Speaker : Ms. SUNITHA JOTHYDEV (Trivandrum)

Speaker : DR. ASHWIN DAVID (Trivandrum)

Speaker : DR. SHEEJA SRINIVAS (Kochi)

11:00 AM
11:30 AM

**MANAGEMENT GUIDELINES FOR COMMON
THYROID DISORDERS IN DIABETES**

Speaker : DR. SANJIV SHAH (Mumbai)
Chair : DR. MURALIDHARAN T. M (Kannur)

11:30 AM
12:00 PM

**BEST OF INDIA TO THE BEST OF THE WORLD-
RESEARCH REFLECTIONS FROM JOTHYDEV'S
DIABETES RESEARCH CENTRES**

Speaker : DR. NAVNEET WADHWA (Mumbai)
Chair : DR. ARUN SHANKAR (Trivandrum)

12:00 PM
12:30 PM

**VITAMIN D: THE SUNSHINE VITAMIN AND
ITS PIVOTAL ROLE IN DIABETES!!**

Speaker : DR. RAVEENDRAN A.V (Kottayam)
Chair : DR. ASHWIN DAVID (Trivandrum)



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HALL - B

PROGRAM

SATURDAY, 20th AUGUST 2016

INSULIN PUMP WORKSHOP

12:30 PM
01:30 PM

- ▶ **HISTORY OF INSULIN PUMP**
- ▶ **INSULIN PUMP: THE BASIC MENU AND ITS FUNCTION IN THE PUMP**
- ▶ **INSULIN DELIVERY OPTIONS-BASAL, BOLUS AND DIET ADJUSTMENTS**
- ▶ **INDICATIONS AND MAJOR RESEARCH FINDINGS IN THE LAST 5 YEARS**
- ▶ **CHALLENGES AND TROUBLESHOOTING WITH AN INSULIN PUMP**
- ▶ **PUMP DEMO AND DISCUSSION**

- ▶ **Speaker : DR. ARUN SHANKAR** (Trivandrum)
- ▶ **Speaker : DR. ASHWIN DAVID** (Trivandrum)
- ▶ **Speaker : Ms. GEETHU SANAL** (Trivandrum)
- ▶ **Speaker : DR. JOTHYDEV KESAVADEV** (Trivandrum)
- ▶ **Speaker : Ms. GOPIKA KRISHNAN** (Trivandrum)

01:30 PM
02:30 PM



LUNCH BREAK

02:30 PM
03:00 PM

NON INSULIN AGENTS IN TYPE 1 DIABETES

- ▶ **Speaker : DR. PRASANTH SHANKAR** (Pathanamthitta)
- ▶ **Chair : DR. GEORGI ABRAHAM** (Chennai)

03:00 PM
03:30 PM

**IMMUNIZATION IN DIABETES:
GLOBAL GUIDELINES AND INDIAN EVIDENCE**

- ▶ **Speaker : DR. SUNIL PRASOBH P** (Trivandrum)
- ▶ **Chair : DR. DEEPAK K. JUMANI** (Mumbai)

03:30 PM
04:00 PM

**15 YEARS OF BASAL ANALOGS:
WHAT HAVE WE LEARNT?**

- ▶ **Speaker : DR. KRISHNA SESHADRI** (Chennai)
- ▶ **Chair : DR. JOTHYDEV KESAVADEV** (Trivandrum)

PANEL DISCUSSION 1-REAL LIFE FACTS

05:00 PM
05:30 PM

- ▶ **SEXUAL DYSFUNCTION-HOW TO COMMUNICATE WITH THE PATIENT?**
- ▶ **MONITORING BLOOD SUGARS-IDF PERSPECTIVE**
- ▶ **PATIENT CONCERNS:
EFFECTIVE COMMUNICATION STRATEGIES**
- ▶ **THE ECONOMIC IMPACT OF DIABETES-SIGNIFICANCE IN KERALA**
- ▶ **LIFE SPAN WITH TYPE 1 DIABETES-INDIA Vs REST OF THE WORLD**

Moderator:
DR. MATHEW JOHN (Trivandrum)

- ▶ **Speaker : DR. DEEPAK K. JUMANI** (Mumbai)
- ▶ **Speaker : DR. ALI SIYAN** (Maldives)
- ▶ **Speaker : DR. MATHEW JOHN** (Trivandrum)
- ▶ **Speaker : DR. BENNY P. V** (Trivandrum)
- ▶ **Speaker : DR. RISHI SHUKLA** (Kanpur)



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05:30 PM
06:00 PM

PANEL DISCUSSION 2 - DIABETES AND DIFFICULT DECISIONS

Moderator:

DR. SAMAR BANERJEE (Kolkata)

WHO SHOULD IDEALLY TREAT GDM?

Speaker : **DR. SAMAR BANERJEE** (Kolkata)

WHEN SHOULD YOU IDEALLY START INSULIN?

Speaker : **DR. SANJIV SHAH** (Mumbai)

WHEN TO REFER PATIENT TO A NEPHROLOGIST?

Speaker : **DR. BEENA UNNIKRISHNAN** (Trivandrum)

SCREENING FOR RETINOPATHY-WHY AND FOR WHOM?

Speaker : **DR. DEVIN PRABHAKAR** (Trivandrum)

SCREENING FOR CANCER-ARE WE JUSTIFIED?

Speaker : **DR. BALAGOPAL P. G** (Trivandrum)

06:00 PM
06:30 PM

FOOD AND DRUG INTERACTIONS WITH DIFFERENT DIABETES DRUGS: WHAT SHOULD DIABETES EDUCATOR KNOW?

Speaker : **Ms. REKHA GUPTA** (Varanasi)

Chair : **Ms. NAILA MAJEED** (Maldives)

HALL - A

PROGRAM

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08:30 AM
08:50 AM

ARE WE MISSING TUBERCULOSIS IN DIABETES?

Speaker : **DR. JAYANTA PANDA** (Cuttack)

Chair : **DR. ARUN SHANKAR** (Trivandrum)

08:50 AM
09:15 AM

CIRCADIAN RHYTHM IN TREATING DIABETES AND
HYPERTENSION-THE DAWN OF THE NEW SCIENCE

Speaker : **DR. NARSINGH VERMA** (Lucknow)

Chair : **DR. RAMESAN PILLAI** (Trivandrum)

09:15 AM
09:40 AM

PRANDIAL GLP-1 RA LIXISENATIDE-POSITIVE
ADDITION FOR BASAL OPTIMISATION

Speaker : **DR. MANOJ S. CHAWLA** (Mumbai)

Chair : **DR. BALACHANDRAN V** (Kollam)

09:40 AM
10:05 AM

THE BURDEN OF DIABETIC NEPHROPATHY:
HOW BAD IS IT IN INDIA?

Speaker : **DR. MANISHA SAHAY** (Hyderabad)

Chair : **DR. GEETHA M. NAIR** (Trivandrum)

10:05 AM
10:30 AM

SALIVARY GLYCOSYLATED PROTEOME AS AN
INNOVATIVE TOOL FOR MONITORING IN DIABETES

Speaker : **DR. RAO P. V** (Hyderabad)

Chair : **DR. SANJIV SHAH** (Mumbai)

10:30 AM
10:55 AM

SEARCHING IDEAL ORAL PARTNER TO INSULIN
AFTER METFORMIN-SGLT2i Vs DPP4i

Speaker : **DR. AWADHESH KUMAR SINGH** (Kolkata)

Chair : **DR. VASUDEVAN POTTY** (Trivandrum)

10:55 AM
11:20 AM

SAFE AND SMART USE OF SULPHONYL UREAS

Speaker : **DR. SARITA BAJAJ** (Allahabad)

Chair : **DR. JOHNNY J. KANNAMPILLY** (Kochi)



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INSULIN & GLP-1 SYMPOSIUM

Moderators:

DR. ABDUL HAMID ZARGAR (Srinagar)

DR. ASHOK KUMAR DAS (Puducherry)

11:20 AM
01:00 PM

GETTING TO THE HEART OF THE MATTER:
IMPLICATIONS OF LEADER RESULTS

Speaker : **DR. JOHN WILDING** (United Kingdom)

DIFFERENCE IN THE RISK OF HYPOGLYCEMIA
WITH BASAL INSULINS: THE VERDICT IS
FINALLY OUT

Speaker : **DR. UNNIKRISHNAN A. G** (Pune)

EVOLUTION OF PREMIX INSULINS:
A LEAP FORWARD FROM HUMAN PREMIX TO
CO-FORMULATIONS

Speaker : **DR. SANJAY KALRA** (Karnal)

01:05 PM
01:30 PM

MANAGING OBESITY IN PREDIABETES AND
DIABETES-FROM CONTROVERSIES TO
CONSENSUS

Speaker : **DR. RAKESH SAHAY** (Hyderabad)

Chair : **DR. SAMAR BANERJEE** (Kolkata)

01:30 PM
02:30 PM



LUNCH BREAK

02:30 PM
02:55 PM

WHAT SHOULD A PHYSICIAN KNOW ABOUT DIET
COUNSELLING IN DIABETES?

Speaker : **DR. SHILPA JOSHI** (Mumbai)

Chair : **Ms. SUNITHA JOTHYDEV** (Trivandrum)

02:55 PM
03:20 PM

MANAGING HIGH RISK T2DM PATIENTS
(WITH RENAL & CV COMPLICATIONS)

Speaker : **DR. SANJAY KALRA** (Karnal)

Chair : **DR. MOHAN VARGHESE** (Thiruvalla)

03:20 PM
03:45 PM

RHEUMATOLOGICAL MANIFESTATIONS
OF DIABETES

Speaker : **DR. RANJIT UNNIKRISHNAN** (Chennai)

Chair : **DR. SYAM SUNDER O. S** (Trivandrum)

03:45 PM
04:10 PM

THE NEW COMBOS-WILL GLP 1 INSULIN
COMBINATIONS RESOLVE THERAPY DILEMMAS

Speaker : **DR. ABDUL HAMID ZARGAR** (Srinagar)

Chair : **DR. MATHEW THOMAS** (Trivandrum)

04:10 PM
04:35 PM

INDIAN NATIONAL PREPAREDNESS FOR DIABETES
AND OTHER NCD's-WHERE ARE WE NOW?

Speaker : **DR. ASHOK KUMAR DAS** (Puducherry)

Chair : **DR. HARIKRISHNAN R** (Trivandrum)

04:35 PM
05:00 PM

SGLT2 INHIBITORS-MYTHS & FACTS

Speaker : **DR. SANJAY KALRA** (Karnal)

Chair : **DR. JOHN WILDING** (United Kingdom)

05:00 PM
05:30 PM

**JPEF AWARD ORATION: LIVER IN DIABETES:
NAFLD AND ITS PROGRESSION**

Speaker : **DR. ANUJ MAHESHWARI** (Lucknow)

Chair : **DR. JOTHYDEV KESAVADEV** (Trivandrum)



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SUNDAY, 21st AUGUST 2016

05:30 PM
05:55 PM

INNOVATIVE THERAPIES TO REDUCE UNADDRESSED RISKS IN DIABETES-HYPERTRIGLYCERIDEMIA

Speaker : DR. BANSHI SABOO (Ahmedabad)

Chair : DR. SUNIL PRASOBH P (Trivandrum)

06:00 PM
07:00 PM

**PANEL DISCUSSION 5 -
THE RISING COST OF TREATING DIABETES:
EXPLORING EFFECTIVE SOLUTIONS**

Moderator:

DR. SHAUKAT M. SADIKOT (Mumbai)

Chair : DR. BANSHI SABOO (Ahmedabad)

DR. ASHOK KUMAR DAS (Puducherry)

DR. ABDUL HAMID ZARGAR (Srinagar)

DR. ALI SIYAN (Maldives)

DR. JOTHYDEV KESAVADEV (Trivandrum)

DR. VIJAYAKUMAR G (Pandalam)

DR. SYAM SUNDER O. S (Trivandrum)

HALL - B

PROGRAM

SUNDAY, 21st AUGUST 2016

09:00 AM
09:30 AM

DIABETES IN WOMEN: SOCIAL, CULTURAL AND ECONOMIC CHALLENGES

Speaker : DR. SHEEJA SRINIVAS (Kochi)

Chair : DR. DEEPAK K. JUMANI (Mumbai)

09:30 AM
10:00 AM

**IN HOSPITAL HYPERGLYCEMIA:
IMPROVING OUTCOMES**

Speaker : DR. UNNIKRISHNAN A. G (Pune)

Chair : DR. RAKESH SAHAY (Hyderabad)

10:00 AM
10:30 AM

**GEMIGLIPTIN-THE NEW OPTIMIZED
DPP4i**

Speaker : DR. SANJAY KALRA (Karnal)

Chair : DR. ANUJ MAHESHWARI (Lucknow)

CGM/AGP WORKSHOP

10:30 AM
11:30 AM

CONTINUOUS GLUCOSE MONITORING WITH IPRO2

Speaker : DR. JOHNNY J. KANNAMPILLY (Kochi)

**AMBULATORY GLUCOSE PROFILE WITH THE
REVOLUTIONARY LIBREPRO SENSOR-
WHAT IS NEW?**

Speaker : DR. SUMIT BANERJEE (Mumbai)

AGP IN CLINICAL PRACTICE: INTERPRETATIONS

Speaker : DR. MANOJ S. CHAWLA (Mumbai)

**ANSWERING PRACTICAL QUESTIONS ON
GLUCOSE MONITORING WITH IPRO2 AND
LIBREPRO**

Speaker : DR. JOTHYDEV KESAVADEV (Trivandrum)

NUTRITION AND LIFESTYLE WORKSHOP

11:30 AM
01:00 PM

**PREVENTING THE PROGRESSION OF
PREDIABETES TO DIABETES THROUGH
DIETETIC AND ACTIVITY INTERVENTIONS**

Moderator

Ms. NEETHU ANNIE AJAI (Kochi)

Speaker : Ms. GEETHU SANAL (Trivandrum)

Ms. REMYA IYER (Trivandrum)

**DIETETIC RECOMMENDATIONS FOR VASCULAR
COMPLICATIONS OF DIABETES-NEUROPATHY,
NEPHROPATHY, CVD**

Speaker : DR. SHILPA JOSHI (Mumbai)

**YOGA FOR DIABETES AND OBESITY:
THEORY AND DEMONSTRATION BY JDC TEAM:**

Speaker : DR. SHEEJA SRINIVAS (Kochi)

MS. KARTHIKA V. N (Trivandrum)



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— PROFESSIONAL EDUCATION FORUM —
ANNUAL DIABETES
GLOBAL CONVENTION 2016



HALL - B

PROGRAM

SUNDAY, 21st AUGUST 2016

01:00 PM
01:30 PM

DPP4i: A REVIEW OF ITS USE IN TYPE 2 DIABETES

Speaker : DR. SHIJI P. V (Calicut)

Chair : DR. MANISHA SAHAY (Hyderabad)

01:30 PM
02:30 PM



LUNCH BREAK

02:30 PM
03:30 PM

FOOT WORKSHOP

Moderator:

DR. JOHNNY J. KANNAMPILLY (Kochi)

Speakers : DR. ASHOK KUMAR DAS (Puducherry)

DR. SREEKUMAR R. C (Trivandrum)

DR. LONE P. CHRISTENSEN (Denmark)

03:30 PM
04:00 PM

**ANEMIA IN DIABETES:
LOOKING BEYOND THE KIDNEY**

Speaker : DR. HARIKRISHNAN R (Trivandrum)

Chair : DR. NARSINGH VERMA (Lucknow)

04:00 PM
04:30 PM

PANEL DISCUSSION 3 - ISSUES AND SOLUTIONS IN DIABETES

- ▶ **DRUG INDUCED HYPOGLYCEMIA-PRECAUTIONS**
- ▶ **THE DIALYSIS PHOBIA-HOW TO OVERCOME?**
- ▶ **NIGHT SHIFT WORKERS AND DIABETES**
- ▶ **OBSTRUCTIVE SLEEP APNOEA: TREATMENT CHALLENGES**

Moderator:

DR. SARITA BAJAJ (Allahabad)

Speaker : DR. SARITA BAJAJ (Allahabad)

Speaker : DR. GEETHA M. NAIR (Trivandrum)

Speaker : DR. NARSINGH VERMA (Lucknow)

Speaker : DR. JAYANTA PANDA (Cuttack)

04:30 PM
05:00 PM

PANEL DISCUSSION 4 - MEET THE EXPERTS

- ▶ **SCHOOL OF DIABETES-EMPOWERING HEALTHCARE PROVIDERS**
- ▶ **GLP-1 RA: ARE THEY ALL THE SAME?**
- ▶ **TREATING DIABETES DURING RAMADAN-TAKE HOME POINTS**
- ▶ **AUTO-ANTIBODIES AND ITS SIGNIFICANCE IN DIABETES**
- ▶ **DIABETES DENTISTRY-THE JDC* EXPERIENCE OVER A DECADE**

Moderator:

DR. RAO P. V (Hyderabad)

Speaker : DR. ANUJ MAHESHWARI (Lucknow)

Speaker : DR. JOHN WILDING (United Kingdom)

Speaker : DR. ABDUL HAMID ZARGAR (Srinagar)

Speaker : DR. RAO P. V (Hyderabad)

Speaker : DR. SANDEEP R (Trivandrum)

*Jothydev's Diabetes Centre



SHUTTLE BUS SERVICE IS AVAILABLE FROM ALL HOTELS TO CONVENTION CENTRE

*The final scientific program might have minor alterations which is inevitable.



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ORATION

SPEAKERS



DR. SESHIAH V Chennai

DR. V. C. MATHEW ROY MEMORIAL ORATION:
MAKING AN IMPACT IN GESTATIONAL
DIABETES MELLITUS



DR. GEORGI ABRAHAM Chennai

P. KESAVADEV ORATION:
WHAT IS NEW IN THE MANAGEMENT OF DIABETIC
NEPHROPATHY INCLUDING RENAL REPLACEMENT THERAPIES



DR. SHAUKAT M. SADIKOT Mumbai

IDF PRESIDENTIAL ORATION:
WINNING OVER DIABETES: EDUCATION,
EDUCATION, EDUCATION: THE IDF GOALS



DR. ANUJ MAHESHWARI Lucknow

JPEF AWARD ORATION:
LIVER IN DIABETES:
NAFLD AND ITS PROGRESSION



DR. ALI SIYAN
Maldives

DR. JOHN WILDING
United Kingdom



DR. ASHOK KUMAR DAS
Puducherry

DR. LONE P. CHRISTENSEN
Denmark



SPEAKERS



DR. ABDUL HAMID ZARGAR

Srinagar

Former Prof. & Chairman, Dept. of Endocrinology, Sheri- Kashmir Institute of Medical Sciences, Srinagar, Kashmir



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Maldives

Chair: IDF South East Asia
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Jt. Managing Director, Dr Mohan's Diabetes Specialities Centre, Chennai



DR. ANUJ MAHESHWARI

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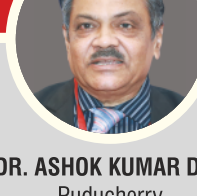
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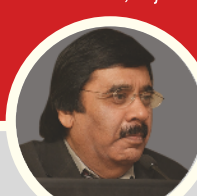
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