

# Saving Lives... MAKING THE IMPOSSIBLE POSSIBLE

### JOTHYDEV'S PROFESSIONAL EDUCATION FORUM MANNUAL GLOBAL DIABETES CONVENTION 9,10 & 11 JULY 2021

REGISTER NOW TO ATTEND ALL ONLINE SESSIONS - www.jpef.in/registration.php











AN EDUCATIONAL ACTIVITY ORGANIZED BY P. KESAVADEV TRUST Ph: +91 9495346200, 9496246200,8138946200, jpef@jothydev.net







Trust is in association with Diabetes India.

for the impossible to be possible.



Education, in essence, is the pursuit of an endless journey towards acquiring knowledge to be a better version of ourselves. 2021 marks the centennial of

be held virtually on 9, 10 and 11 July 2021. With its long-term vision

insulin discovery. By knitting together the diverse scientific sessions and pioneers in diabetes treatment and care, Jothydev's Professional Education Forum (JPEF) is privileged to announce its **9<sup>th</sup> Annual Global Diabetes Convention 2021** which will

to curtail the global diabetes burden, JPEF has emerged as one of the biggest of its kind in India that offers healthcare professionals the state-of-the-art approaches and the latest advancements in diabetes care and technologies. The three-day convention organized by JPEF under the aegis of P. Kesavadev

The theme of the 9<sup>th</sup> JPEF Annual Global Diabetes Convention is **"Saving Lives, Making The Impossible Possible!"** Sugars have been the greatest challenge during these Covid times at homes, at hospitals, at wards, at ICU, in critical

care, and even in Mucormycosis. In 2021 JPEF, we will evolve realistic solutions

The Virtual Convention will feature presentations that highlight cutting-edge

years, with scientific sessions of the world's most sought-after diabetes experts on

innovations in diabetes research, prevention, and care. We make great efforts to promote contemporary learning styles similar to the previous

the recent and exciting innovations in all areas of diabetes and

JOTHYDEV'S PROFESSIONAL EDUCATION FORUM ANNUAL GLOBAL DIABETES CONVENTION 9,10 & 11 July 2021

Dear Friends,



#### JOTHYDEV'S PROFESSIONAL EDUCATION FORUM



JULY 2021

their professional competency. We cordially welcome all the physicians, researchers, students, and delegates to take part in the 9<sup>th</sup> consecutive year of JPEF Annual Global Diabetes Convention 2021. We assure attendees who partake in JPEF 2021 interactive and engaging experiences through the JPEF virtual platform from the comfort and safety of your home or office.

provide a unique opportunity to diabetes health care professionals to expand

Looking forward to seeing you soon at JPEF 2021! Kind regards, Jothydev Kesavadev For JPEF Organizing Team

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 ANNUAL GLOBAL

 DIABETES CONVENTION

 9,10 & 11 July 2021

#### INTERNATIONAL FACULTY



Dr.K.SREEKUMARAN NAIR (USA)

Professor, Endocrinology, Diabetes, Metabolism and Nutrition, Mayoclinic Rochester, Minnesota, US



Dr.ROBERT VIGERSKY, M.D (USA)

Professor of Medicine, Uniformed Services University



**Dr.SATISH GARG** (USA) Professor of Medicine and Pediatrics Barbara Davis Center for Diabetes, University of Colorado School of Medicine, United States







Dr.TADEJ BATTELINO (Slovenia) First Author, Recommendations from the International Consensus on Time In Range. Faculty of Medicine, University of Ljubljana & University Children's Hospital, Slovenia







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#### INTERNATIONAL FACULTY



Dr.PRATIK CHOUDHARY (U.K) Professor of Diabetes

University of Leicester, United Kingdom



#### Dr.OFRI MOSENZON (Israel)

Senior Lecturer of Internal Medicine, Endocrinology and Epidemiology, Hebrew University Medical School and the School of Public Health in Jerusalem, Israel



Dr.REBECCA VITALE, M.D, MPH (USA) Clinical Fellow, Division of Endocrinology

Boston Children's Hospital, Fellow, Brigham and Women's Hospital, USA



Ms.CAROLIN RUF (Germany)

Device Project Lead, Medical Device Development, Sanofi, Frankfurt, Germany







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 DIABETES CONVENTION
 9, 10 & 11 July 2021

#### **INTERNATIONAL FACULTY**



Dr.HARI PARAMESWARAN, M.D. (USA)

Professor of Medicine, Chief, Division of Hematology Oncology Medical College of Wisconsin Milwaukee, Wisconsin



Dr.HOSSAM ARAFA GHAZI (Egypt) Consultant of Diabetes & Endocrinology.

Consultant of Diabetes & Endocrinology, Mansoura University Hospitals, Egypt



Dr.NISHA NIGIL HAROON MD, DM Assistant Professor in Internal Medicine and Endocrinology Northern Ontario School of Medicine, Canada





Dr.RAVEENDRAN A V (Oman) Specialist in Internal Medicine

Specialist in Internal Medicine Badr Al Samaa Sultanate of Oman







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### INTERNATIONAL FACULTY



Dr.REMYA ARYAD MS(OBG) , DGO(Australia)

Career Medical Officer in Obstetrics and Gynecology, Blacktown hospital, Sydney, New South Wales, Australia



Dr.ANOOP IQBAL (USA)

Consultant Pediatric Endocrinologist, MD, FAAP, Dipl of ABOM. Marshfield Clinic, Wisconsin, USA



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### NATIONAL FACULTY



Dr. A.RAMACHANDRAN Chennai



Dr.ANAND MOSES Chennai



Dr.ARAVIND SOSALE Bangaluru



Dr.BALAJI JAGANMOHAN Bangaluru





Dr.ABDUL HAMID ZARGAR Srinagar



Dr.ANJANA RANJIT MOHAN Chennai



Dr.ARAVINDA JAGADEESHA Bangaluru



Dr.BANSHI SABOO Ahmedabad



Dr. AMBRISH MITHAL New Delhi



Dr.ANOOP MISRA New Delhi



Dr.ASHOK KUMAR DAS Puducherry





**Dr.AMIT GUPTA** Greater Noida



Dr.ANUJ MAHESHWARI Lucknow











9,10 & 11 July 2021





Dr.BRIJ MOHAN MAKKAR New Delhi





Dr. J.K SHARMA New Delhi









Dr.GEORGI ABRAHAM Chennai



**Dr.JAYANT K PANDA** Odisha



Dr.KAMLAKAR TRIPATHI Chennai



Dr.DEEPAK K. JUMANI Mumbai



Dr.HEMANT THACKER Mumbai



Dr.JAYAPRAKASH SAI Hyderabad



Dr.KAVITA GUPTA Nagpur



Chennai



**Dr.J J MUKHERJEE** Kolkata



Ms.JAZZ SETHI Ahmedabad



Dr.L SREENIVASA MURTHY Bangalore







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9,10 & 11 July 2021

**NATIONAL FACULTY** 



Dr.MANGESH TIWASKAR Mumbai



**Dr.MITHUN BHARTIA** 



Dr.NANDITHA ARUN



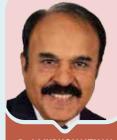
Dr.MOHAN BADGANDI Bangaluru



Dr.NEETA DESHPANDE



Bengaluru



**Dr.A MURUGANATHAN** 

Dr.PRATAP JETHWANI Rajkot



Dr.MANOJ CHAWLA Mumbai



Dr.N MURUGAN Chennai



**Dr.PRAVEEN R** Bangluru















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Dr.SANJAY AGARWAL Pune





Dr.SANJAY KALRA Haryana



Ms.RUBY SOUND



**Dr.SANJAY REDDY** Banglore





Dr.SHALINI JAGGI New Delhi



Dr.SHASHANK R. JOSHI



İİ JPEF P. KESAVADEV



**Dr.SHEHLA SHAIKH** 



Dr.SUNIL SHROFF



Dr.SHILPA JOSHI Mumbai



Dr.SURESH DAMODHARAN



Ms.SHERYL SALIS Mumbai



**Dr. TEJAS SHAH** Mumbai







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9,10 & 11 July 2021

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9,10 & 11 July 2021

#### **KERALA FACULTY**

Dr.Ajayakumar S	Adimali	Dr. Johnny Kannampilly	Kochi
Dr. Ajith Kumar P V	Trivandrum	Dr. Jothydev Kesavadev	Trivandrum
Dr. Ajith Kumar S	Trivandrum	Dr. Madhu N	Paravoor
Dr. Aju Mathew	Kochi	Dr. Manikandan G R	Trivandrum
Dr. Amirthlal P	Kollam	Dr. Mahadevan K	Trivandrum
Dr. Anand Pillai	Trivandrum	Dr. Mathew Jacob	Kottarakara
Dr. Aneesh Ghosh	Trivandrum	Dr. Mathew John	Trivandrum
Dr. Anil Vijayakumar	Kollam	Dr. Mathew Thomas	Trivandrum
Dr. Anita Nambiar S	Kochi	Dr. Mohan T. Shenoy	Trivandrum
Dr. Arun B Nair	Trivandrum	Dr. Mohan Varghese	Thiruvalla
Dr. Arun S Menon	Kochi	Dr. Mohanan Nair	Trivandrum
Dr. Arun Shankar	Trivandrum	Dr. Padmakumar	Alleppey
Dr. Asha Ashik	Kochi	Dr. Parvathy L	Kochi
Dr. Ashwin David Ashok	Trivandrum	Dr. Prasanth Sankar	Pathanamthitta
Dr. Balachandran K	Trivandrum	Dr. Radhakrishnan A P	Palakkad
Dr. Balagopal P G	Trivandrum	Dr. Radhika C R	Trivandrum
Dr. Balakrishnan Valliyot	Kannur	Dr. Rafiq Muhamed	Kochi
Dr. Beena Unnikrishnan	Trivandrum	Dr. Rajalakshmi S	Trivandrum
Dr. Benny P V	Trivandrum	Dr. Ramesan Pillai	Trivandrum
Dr. Bishnu Kiran Rajendran	Trivandrum	Dr. Ramesh Natarajan	Trivandrum
Dr. Chacko Varghese	Trivandrum	Dr. Riaz I	Trivandrum
Dr. Chandni R	Calicut	Dr. Roy R. Chandran	Calicut
Dr. Devin Prabhakar	Trivandrum	Dr. Sabeer A. Rasheed	Trivandrum
Ms. Divya	Trivandrum	Dr. Sajna Shijin	Trivandrum
Dr. Elizabeth K E	Trivandrum	Dr. Sandeep R	Trivandrum
Dr. G Rajesh	Kochi	Dr. Seenaj Chandran	Brunei
Dr. Geetha M Nair	Trivandrum	Dr. Shiji P.V	Calicut
Ms. Geethu Sanal	Trivandrum	Dr. Sreejith N. Kumar	Trivandrum
Ms. Gopika Krishnan	Trivandrum	Dr. Sreekumar R C	Trivandrum
Dr. Harikrishnan R	Trivandrum	Dr. Sumesh Raj	Trivandrum
Dr. Harikrishnan S	Trivandrum	Dr. Sunil Prasobh P	Trivandrum
Dr. Harish Kumar G	Pala	Ms. Sunitha Jothydev	Trivandrum
Ms. Indu Thampy	Trivandrum	Dr. Syam Sunder O S	Trivandrum
Dr. Jayakrishnan B	Trirur	Dr. Thankam D	Trivandrum
Dr. Jayakumar C	Trivandrum	Dr. Thomas Paul	Angamaly
Dr. Jayakumari C	Trivandrum	Dr. Tiny Nair	Trivandrum
Dr. Jayalekshmi R. Kurup	Kochi	Dr. Tittu Oommen	Trivandrum
Dr. Jayaprakash P	Kochi	Dr. Vasudevan Potty	Trivandrum
Dr. John Panicker	Trivandrum	Dt. Viji Krishna	Trivandrum
		Dr. Yaseen Unes	Trivandrum

to inflame the scientific spirit"

BMISS

OPEN FOR

The JPEF Organizing Committee is working to develop a challenging and exciting program that reaches across topics of relevance in diabetes research and management.

The JPEF Abstracts Committee is pleased to invite doctors, dietitians, and allied healthcare professionals from India and abroad to submit their abstracts for presentations to be delivered at the **9<sup>th</sup> JPEF Annual Global Diabetes Convention 2021 on 9, 10 and 11 July 2021,** virtually. We welcome the submissions of Abstracts for original contributions exclusively in the field of diabetes.

This time we have very exciting news for you! All the selected abstracts will be published in the International Journal of Diabetes & Technology. For more details:- https://www.ijdt.org/

#### STICK TO THESE POINTS TO GET ABSTRACT SCREENED & ACCEPTED.

- Originality of Research
- Data adequacy
- The clarity in explaining the concept.

# ALL ABSTRACT SUBMISSIONS MUST ADHERE TO THE FOLLOWING GUIDELINES.

• **Title of presentation:** Please choose a brief title (maximum of 100 characters) that clearly indicates the content of the contribution.

- Avoid abbreviations in the title.
- **Thematic Area:** Please choose diabetes as the thematic area.
- **Preference:** For presentation in oral/poster session.
- Abstract: Please ensure that your abstract holds no more than 350 words. The abstract should be in a structured format with Background, Aim, Methodology, Results & Conclusions. Avoid Figures & Tables in the abstract. Standard abbreviations may be used as such. Nonstandard abbreviations if any, should be inserted in parentheses after the first appearance of abbreviation.

Please submit your abstracts at http://www.jpef.in/abstractsubmission.php. The site is open now! Or you may also send the abstracts to: jpefaward@jothydev.net ABSTRACT SUBMISSION IS CLOSED!

> **YDEV'S** PROFESSIONAL EDUCATION FORUM -9,10 & 11 JULY 2021-----

Scientific Abstracts Committee \_\_\_\_

Chairperson: Dr. Raveendran A. V

Members : Dr. Sumesh Raj, Dr. Jothydev Kesavadev, Ms. Gopika Krishnan





















# DAY-1\_\_\_\_\_ 9<sup>TH</sup> JULY 2021

10:00 AM - 10:25 AM BACK TO BASICS	Chairperson Dr.SAJNA SHIJIN (Trivandrum)
<b>10:00 AM - 10:10 AM</b> PATHOPHYSIOLOGICAL DEFECTS AND DIAGNOSIS OF DIABETES	Chairperson Dr.YASEEN UNES (Trivandrum)
<b>10:10 AM - 10:20 AM</b> How to choose oral drugs In type 2 diabetes	Speaker Dr.ASHA ASHIK (Kochi)
10:20 AM - 10:25 AM	DISCUSSION
10:30 AM - 10:50 AM DIABETES IN WOMEN - CHALLENGES AND OPPORTUNITIES IN INDIA	Speaker Dr.SHEHLA SHAIKH (Mumbai) Chairperson Dr.RAJALAKSHMI S (Trivandrum) Dr.ASHA ASHIK (Kochi)
10:50 AM - 11:00 AM	DISCUSSION
11:00 AM - 11:20 AM DPP-4i RIGHT ADD ON THERAPY	Speaker Dr.ARUN SHANKAR (Trivandrum) Chairperson Dr.AJAYAKUMAR S (Adimali)
11:20 AM - 11:30 AM	DISCUSSION











### DAY-1\_\_\_\_\_ 9<sup>TH</sup> JULY 2021

11:30 AM - 11:50 AM CARDIO RENAL BENEFITS IN T2DM WITH DAPAGLIFLOZIN Gr.NANDITHA ARUN (Chennai) Chairperson Dr.PRASANTH SANKAR (Pathanamthitta)

11:50 AM - 12:00 PM

DISCUSSION

12:00 PM - 12:30 PM KESAVADEV ORATION: ADOPTION OF TIR - INDIA SPECIFIC RECOMMENDATIONS	Speaker Dr.V MOHAN (Chennai) Chairperson Dr.JOTHYDEV KESAVADEV (Trivandrum)
12:30 PM - 01:00 PM Dr. V C MATHEW ROY MEMORIAL ORATION: MANAGING NON-ALCOHOLIC FATTY LIVER DISEASE- WHAT WE ALL SHOULD DO?	Speaker Dr.ASHOK KUMAR DAS (Puducherry) Chairperson Dr.SUNIL PRASOBH P (Trivandrum)
01:00 PM - 01:20 PM UK CLINICAL PRACTICE RESEARCH DATALINK STUDY - RESULTS AND CLINICAL IMPLICATIONS	Speaker DR. TITTU OOMMEN (Trivandrum) Chairperson DR. SUMESH RAJ (Trivandrum)
01:20 PM - 01:30 PM	DISCUSSION
01:30 PM - 02:30 PM	LUNCH BREAK



**SADIKOT HALL** 

**PROGRAM**\_



**DAY-1**\_\_\_\_\_ 9<sup>™</sup> JULY 2021





<mark>02:30 PM - 02:50 PM</mark> Obesity- the Understanding So Far	Speaker Dr.BRIJ MOHAN MAKKAR (New Delhi) Chairperson Dr.BALACHANDRAN K (Trivandrum)
02:50 PM - 02:55 PM	DISCUSSION
02:55 PM - 03:15 PM Iron Deficiency Anemia In Diabetes	Speaker Dr.MANGESH TIWASKAR (Mumbai) Chairperson Dr.AJITH KUMAR P V (Trivandrum)
03:15 PM - 03:25 PM	DISCUSSION
03:25 PM - 03:45 PM GLUCOVIGILANCE DURING THESE TIMES	Speaker Dr.SANJAY KALRA (Haryana) Chairperson Dr.MOHAN T SHENOY (Trivandrum)
03:45 PM - 03:50 PM	DISCUSSION
03:55 PM - 04:15 PM PATHWAY TO THE ARTIFICIAL PANCREAS: ARE WE THERE YET?	Speaker Dr.ROBERT A. VIGERSKY (USA) Chairperson Dr.JOTHYDEV KESAVADEV (Trivandrum)
04:15 PM - 04:20 PM	DISCUSSION
04:20 PM - 04:40 PM RIGHT CHOICE OF COMBINATION IN NEWLY DIAGNOSED T2DM PATIENTS	Speaker Dr.ANAND MOSES (Chennai) Chairperson Dr.AMIRTHLAL P (Kollam)
04:40 PM - 04:45 PM	DISCUSSION











#### 04:45 PM - 05:40 PM **OPTIMIZING THE TREATMENT OF STEROID-INDUCED HYPERGLYCEMIA Moderator** Dr.BANSHI SABOO (Ahmedabad) 04:45 PM - 04:50 PM **QUIZ ON "STEROID INDUCED HYPERGLYCEMIA, DIABETES** AND COVID 19" 04:50 PM - 05:10 PM **STEROID RELATED IN-HOSPITAL** Speaker Dr.HEMANT THACKER (Mumbai) **HYPERGLYCEMIA: DOES IT NEGATE BENEFITS?** 05:10 PM - 05:30 PM STEROID RELATED IN-HOSPITAL Speaker Dr.BINAYAK SINHA (Kolkata) HYPERGLYCEMIA: SETTING IT **RIGHT WITH INSULINS** PANEL DISCUSSION AND Q&A 05:30 PM - 05:40 PM













#### 05:40 PM - 06:15 PM DIABETES AND COVID 19 – A PERTINENT NECESSITY TO BREAK INSULIN INERTIA

Chairperson: Dr.R CHANDNI (Calicut)

05:40 PM - 05:45 PM INSULIN: STILL A MIRACLE AFTER 100 YEARS	Speaker Dr.R CHANDNI (Calicut)
05:45 PM - 06:05 PM FULFILLING GLYCEMIC CONTROL NEEDS OF AN INDIAN PERSON WITH T2DM AT INSULIN INITIATION	<mark>Speaker</mark> <b>Dr.DEBMALYA SANYAL</b> (Kolkata)
06:05 PM - 06:20 PM	PANEL DISCUSSION, Q&A, AND QUIZ WINNERS
06:20 PM - 07:00 PM PANEL DISCUSSION: EFFICIENTLY MANAGING DIABETES AT COVID TIN Moderator	Panelists Dr.ANOOP MISRA (New Delhi) Dr.S R ARAVIND

(Bengaluru)

Dr.MANOJ CHAWLA (Mumbai)

07:00 PM - 07:10 PM

**DISCUSSION** 



**PROGRAM** 



DAY-1





SADIKOT HALL 9 <sup>TH</sup> JULY 2021		
07:10 PM - 07:35 PM	Chairperson Dr.ARUN SHANKAR (Trivandrum)	
07:10 PM - 07:30 PM SIMPLIFYING T2DM MANAGEMENT IN CURRENT ERA: THE RIGHT CHOICE OF DPP4-i	<mark>Speaker</mark> <b>Dr.KALYAN KUMAR GANGOPADHYAY</b> (Kolkata)	
07:30 PM - 07:40 PM	DISCUSSION	
07:40 PM - 08:30 PM Chairperson: Dr.MOHANAN NAIR (Trivandrum)		
07:40 PM - 08:00 PM The place of sulfonylureas in the evolving landscape of combination therapy	Speaker Dr.TEJAS SHAH (Mumbai)	
08:00 PM - 08:20 PM ADDRESSING GLYCEMIC EXCURSIONS IN T2DM WITH ALPHA-GLUCOSIDASE INHIBITORS	Speaker Dr.J.J MUKHERJEE (Kolkata)	
08:20 PM - 08:30 PM	DISCUSSION	
08:30 PM - 09:00 PM       Chairperson: Dr.AJITH KUMAR P V (Trivandrum)		
08:30 PM - 08:50 PM Relevance of concentrated Bolus Insulin for Steroid Induced Hyperglycemia	Speaker Dr.MOHAN BADGANDI (Bengaluru)	
08:50 PM - 09:00 PM	DISCUSSION	



PROGRAM\_\_\_\_



DAY-2





SADIKOT HALL 10 <sup>TH</sup> JULY 2021		
10:00 AM - 10:30 AM Dr.VASANT NAGVEKAR IN CONVERSATION WITH Dr.B PADMAKUMAR: ROLE OF MONOCLONAL ANTIBODY COCKTAIL DRUG IN COVID-19 MANAGEMENT	Speaker Dr.VASANT NAGVEKAR (Mumbai) Chairperson Dr.B PADMAKUMAR (Alleppey)	
10:30 AM - 10:50 AM INFLUENZA VACCINE IN DIABETES AMIDST THE PANDEMIC	Speaker Dr.HEMANT THACKER (Mumbai) Chairperson Dr.BALAGOPAL P G (Trivandrum)	
10:50 AM - 10:55 AM	DISCUSSION	
11:00 AM - 11:30 AM       Chairperson: Dr.ASHOK KUMAR DAS (Puducherry		
11:00 AM - 11:20 AM PREVENTING CV EVENTS IN T2D PATIENTS WITH A ONCE-WEEKLY GLP-1 RA	<mark>Speaker</mark> <b>Dr.MANOJ CHAWLA</b> (Mumbai)	
11:20 AM - 11:30 AM	DISCUSSION	
11:30 AM - 11:55 AM Chairperson: Dr.BISHNU KIRAN RAJENDRAN (Trivandrum)		
<b>11:30 AM - 11:50 AM</b> HFref In India: Can Arni Impact Outcomes in the real world Scenario in India?	Speaker: Dr.TINY NAIR (Trivandrum)	
11:50 AM - 11:55 AM	DISCUSSION	













11:55 AM - 12:20 PM Chair	Chairperson: Dr.DEEPAK JUMANI (Mumbai)	
11:55 AM - 12:15 PM DEAD: DIABETES ERECTION AND DYSFUNCTION	<mark>Speaker: Dr.BALAJI JAGANMOHAN</mark> (Bengaluru)	
12:15 AM - 12:20 PM	DISCUSSION	
12:20 PM - 12:35 PM       Chairpersons: Dr.JAYAKRISHNAN B (Tirur) Dr.GEETHA M NAIR (Trivandrum)		
<b>12:20 PM - 12:35 PM</b> DIETARY APPROACHES TO THE MANAGEMENT OF DIABETES MELLITUS	<mark>Speaker</mark> <b>Dr.REBECCA VITALE</b> (USA)	
12:35 PM - 12:55 PM KIDNEY TRANSPLANTATION IN DKD IMPACT ON PATIENT'S LIFE	Speaker Dr.GEORGI ABRAHAM (Chennai)	
12:55 PM - 01:20 PM MEANINGFUL MONITORING FOR YOUR PATIENTS	Speaker Dr.JOTHYDEV KESAVADEV (Trivandrum)	
01:20 PM - 01:30 PM	DISCUSSION	
01:30 PM - 02:30 PM	LUNCH BREAK	
02:30 PM - 03:00 PM Exercises to keep you fit During the pandemic: live	Speaker Ms. DIVYA DILEEP (Trivandrum) Chairperson Ms. GEETHU SANAL (Trivandrum)	











# ADIKUL HALL10™ JULY 202103:00 PM - 03:30 PM : SHAUKAT M SADIKOT ORATION

03:00 PM - 03:30 PM ACUTE METABOLIC COMPLICATIONS IN DIABETES	Speaker Dr.ANUJ MAHESHWARI (Lucknow) Chairperson Dr.JAYAKUMAR C (Trivandrum)
03:30 PM - 03:50 PM ORAL ANTI-HYPERGLYCEMIC DRUG RESPONSE AND PRESCRIBING PATTERNS IN NOVEL CLUSTERS OF TYPE 2 DIABETES IN INDIA	Speaker Dr.ANJANA RANJIT MOHAN (Chennai) Chairperson Dr.HARIKRISHNAN R (Trivandrum)
03:50 PM - 03:55 PM	DISCUSSION

#### 04:00 PM - 05:00 PM

#### INAUGURATION Ms. VEENA GEORGE

INIS. VLLINA GLUNGL

#### Hon. Health Minister, Kerala, India

#### Dr.SHASHANK R JOSHI

Chairperson, International Diabetes Federation(IDF), South East Asia

#### Dr.ANUJ MAHESHWARI

Governor, American College of Physicians(ACP), India Chapter

#### Dr.MANOJAN K K

Director, Sree Gokulam, Medical College And Research Foundation, TVM

#### **INAUGURATION**

#### **KEY NOTE ADDRESS** Dr. CHERIYAN VARGHESE

World Health Organization (WHO) Geneva, Switzerland

#### **Dr.BANSHI SABOO**

President, Research Society for the study of Diabetes in India (RSSDI)

#### **Dr.MOHANAN NAIR**

Vice-Chairman, IMA PP Scheme, Kerala











DAY-2\_\_\_\_\_ 10<sup>TH</sup> JULY 2021

05:00 PM - 05:45 PM PEPTIDE IN A PILL

Chairperson
Dr.JOTHYDEV KESAVADEV (Trivandrum)

Speaker

**05:00 PM - 05:05 PM** QUIZ ON "GLP1 ANALOGUES IN THE MANAGEMENT OF T2D"

05:05 PM - 05:35 PM QUEST TO PUT "PEPTIDE IN A PILL": DEVELOPMENT & CLINICAL JOURNEY OF ORAL SEMAGLUTIDE

Dr.OFRI MOSENZON (Israel)

05:35 PM - 05:45 PM

PANEL DISCUSSION, Q&A, AND QUIZ WINNERS

05:45 PM - 06:05 PM RISK OF CHRONIC DISEASE IN CURRENT PANDEMIC SITUATION: APPRAISAL OF FOUNDATIONAL CARDIO- RENAL-METABOLIC RISK CONTROL WITH SGLT2-I	Speaker Dr.A RAMACHANDRAN (Chennai) Chairperson Dr.MOHAN VARGHESE (Thiruvalla)
06:05 PM - 06:25 PM	Speaker:
CARDIO-RENAL-METABOLIC	Dr.ANOOP MISRA (New Delhi)
APPROACH FOR T2DM	Chairperson:
MANAGEMENT: ROLE OF	Dr.RAMESH NATARAJAN
SGLT2-I AND DPP4-I FDC	(Trivandrum)
06:25 PM - 06:40 PM	DISCUSSION













06:45 PM - 07:10 PM RSSDI PRESIDENTIAL ORATION	
TYPE 1 DIABETES IN CHILDREN IN INDIA - THE RSSDI PLAN OF ACTION	Speaker Dr.BANSHI SABOO (Ahmedabad) Chairperson Dr.ANUJ MAHESHWARI (Lucknow)
07:10 PM - 07:35 PM JPEF ORATION	Chairpersons Dr.JOTHYDEV KESAVADEV (Trivandrum) Dr.BANSHI SABOO (Ahmedabad)
DIABETES AND DEMENTIA	Speaker Dr.SREEKUMARAN NAIR USA)
07:35 PM - 07:55 PM VITAMIN D AND COVID 19 - HOW STRONG IS THE ASSOCIATION?	Speaker Dr.AMBRISH MITHAL (New Delhi) Chairperson Dr.JOTHYDEV KESAVADEV (Trivandrum)

07:55 PM - 08:00 PM

DISCUSSION

















TECHNOLOGY SYMPOSIUM Dr.J	Moderators Dr.JOTHYDEV KESAVADEV (Trivandrum) Dr.ARUN SHANKAR (Trivandrum)	
08:00 PM - 08:20 PM Debunking the myths in Type 1 diabetes	Speaker Dr.PRATIK CHOUDHARY (UK)	
<b>08:20 PM - 08:40 PM</b> COVID -19 PANDEMIC AND DIABETES -ROLE OF TELE HEALTH AND TECHNOLOGY AND HEALTH CARE COST	Speaker Dr.SATISH GARG (USA)	
08:40 PM - 09:00 PM TIR FOCUSED DIABETES MANAGEMENT FOR IMPROVED LONG-TERM OUTCOMES	<mark>Speaker</mark> <b>Dr.TADEJ BATTELINO</b> (Slovenia)	

















<b>10:00 AM - 11:00 AM</b> Chairpe	rson: Dr.VASANTH KUMAR (Hyderabad)
<b>10:00 AM - 10:20 AM</b> ROBUST REAL-WORLD INDIAN EVIDENCE OF THE MOST POPULAR OAD	Speaker: Dr.SANJAY AGARWAL (Pune)
<b>10:20 AM - 10:40 AM</b> SGLT2I AFTER ALL THE COMPLETED CARDIO-RENAL OUTCOME TRIALS	Speaker: Dr.AWADHESH KUMAR SINGH (Kolkata)
10:40 AM - 11:00 AM	Q&A
11:00 AM - 12:15 PM 11:00 AM - 11:20 AM GEN 2.0 BASAL: A NEW BENCHMARK IN REDEFINING GLYCEMIC CONTROL	Speaker: Dr.S.VENKATRAMAN (Chennai) Chairperson: Dr.SUNIL PRASOBH P (Trivandrum)
11:20 AM - 11:40 AM SIMPLIFYING INSULIN DELIVERY: NOVEL PEN AND DEDICATED CARTRIDGE	Speaker: MS. CAROLIN RUF (Germany) Chairperson: Dr.JAYALEKSHMI R KURUP (Kochi)
11:40 AM - 12:00 PM TIME-IN-RANGE: CLINICAL IMPLICATIONS AND ROLE OF GEN 2.0 BASAL	Speaker: Dr.S R ARAVIND (Bengaluru) Chairperson: Dr.CHANDNI R (Calicut)
12:00 PM - 12:15 PM	DISCUSSION













12:15 PM - 12:35 PM NEW DIABETES REVERSAL TRIALS	Speaker: Dr.MATHEW JOHN (Trivandrum) Chairperson: Dr.ASHA ASHIK (Kochi)
12:35 PM - 12:40 PM	DISCUSSION
<b>12:40 PM - 01:00 PM</b> THE CONUNDRUM OF CARDIO METABOLIC RISK IN NEW ONSET T2DM: THE TICKING CLOCK	Speaker: Dr.A G UNNIKRISHNAN (Pune) Chairperson: Dr.ANIL VIJAYAKUMAR (Kollam)
01:00 PM - 01:05 PM	DISCUSSION
01:05 PM - 01:25 PM In Clinic Point of Care Testing For Diabetes Management	Speaker: Dr.SHASHANK R JOSHI (Mumbai) Chairperson: Dr.ASHWIN DAVID ASHOK (Trivandrum)
01:25 PM - 01:30 PM	DISCUSSION
01:30 PM	VALIDATORY FUNCTION







PROGRAM	<b>DAY-1</b>
PAULESCO HALL	9 <sup>TH</sup> JULY 2021

11:00 AM - 12:15 PM COVID SERIES EPISODE 1	sons: PRAKASH SAI (Trivandrum) AJ CHANDRAN (Brunei)
11:00 AM - 11:20 AM TWO PANDEMICS IN Collision: Covid-19 And Diabetes	Speaker: <b>Dr.RAKESH SAHAY</b> (Hyderabad)
11:20 AM - 11:40 AM POST COVID SEQUELAE	Speaker: <b>Dr.PADMAKUMAR B</b> (Alleppey)
11:40 AM - 12:00 PM MANAGEMENT OF Hyperglycemia in covid-19 Patients on steroids	Speaker: <b>Dr.BHAVANA SOSALE</b> (Bengaluru)
12:00 PM - 12:15 PM	DISCUSSION

<b>12:30 PM - 01:30 PM</b> Chairp	person: <b>Dr.AJAYAKUMAR S</b> (Adimali)
12:30 PM - 12:50 PM DIABETES AND TUBERCULOSIS- A DEADLY DUO	Speaker: <b>Dr.A MURUGANATHAN</b> (Tirupur)
12:50 PM - 01:10 PM GLYCOCALYX; A NOVEL WAY TO EXAMINE VASCULAR SYSTEM AMONG PATIENTS WITH DIABETES	Speaker: <b>Dr.HOSSAM ARAFA GHAZI</b> (Egypt)
01:10 PM - 01:20 PM	DISCUSSION







PROGRAM	DAY-1
PAULESCO HALL	9 <sup>™</sup> JULY 2021

01:30 PM - 02:30 PM	LUNCH BREAK	
<b>02:30 PM - 03:45 PM</b> Cha	irperson: Dr.SUMESH RAJ (Trivandrum)	
02:30 PM - 02:50 PM POINT OF CARE DEVICES IN DIABETES CLINIC	Speaker <b>Dr.AMIT GUPTA</b> (Noida)	
02:50 PM - 03:10 PM TYPES OF DIABETES: DOES IT REALLY MATTER WITH TREATMENT?	Speaker <b>Dr.A V RAVEENDRAN</b> (Oman)	
03:10 PM - 03:30 PM GLYCEMIC SPECTRUM: A COMPREHENSIVE APPROACH TO MANAGEMENT OF DM	Speaker <b>Dr.VASANTH KUMAR</b> (Hyderabad)	
03:30 PM - 03:45 PM	DISCUSSION	
03:50 PM - 05:05 PM Chairpersons: Dr.JAYALEKSHMI R KURUP (Kochi) Dr.ROY R CHANDRAN(Calicut)		
03:50 PM - 04:10 PM MUSCLE COMPROMISE IN DIABETES	Speaker: <b>Dr.SAMAR BANERJEE</b> (Kolkata)	
04:10 PM - 04:30 PM NEW ONSET OF DIABETES IN A PATIENT WITH BMI > 35	Speaker: Dr.SURESH DAMODHARAN (Coimbatore)	









04:30 PM - 04:50 PM WHICH INSULIN TO USE IN PREGNANCY: EXPERIENCE VS EVIDENCE	Speaker <b>Dr.SUNIL PRASOBH P</b> (Trivandrum)	
04:50 PM - 05:05 PM	DISCUSSION	

05:05 PM - 05:45 PM	Chairperson Dr.THOMAS PAUL (Angamaly)
05:05 PM - 05:25 PM EVOLVING GAMBITS WITH INHIBITION OF SODIUM- GLUCOSE COTRANSPORTERS	Speaker: <b>Dr.RAJIV KOVIL</b> (Mumbai)
05:25 PM - 05:45 PM REDEFINING MANAGEMENT OF T2DM BY SGLT-2 INHIBITORS	Speaker: <b>Dr.ARAVINDA JAGADEESHA</b> (Bengaluru

05:45 PM - 05:55 PM

DISCUSSION

06:00 PM - 06:30 PM	Chairperson: <b>Dr.MOHAN T SHENOY</b> (Trivandrum)
06:00 PM - 06:20 PM TIRZEPATIDE: IS IT A G CHANGER? (GIP AND G RECEPTOR AGONIST)	Speaker:
06:20 PM - 06:30 PM	DISCUSSION









# PROGRAM\_\_\_\_\_ DAY-1 PAULESCO HALL 9<sup>TH</sup> JULY 2021

06:30 PM - 07:45 PM	Chairperson:	Ms. GEETHU SANAL (Trivandrum)
06:30 PM - 06:50 PM Physical activity in Diabetes		Speaker Dr.ASHWIN DAVID ASHOK (Trivandrum)
06:50 PM - 07:10 PM ACHES AND PAINS IN DIABETES - EASY SOLUTIO FROM THE EXPERT	INS	Speaker <b>Dr.ROY R CHANDRAN</b> (Calicut)
07:10 PM - 07:30 PM ASSESSMENT AND MANAGEMENT OF HYPOGLYCEMIA IN CHILDF AND ADOLESCENTS WITH DIABETES- ISPAD GUIDELI		Speaker <b>Dr.SAJNA SHIJIN</b> (Trivandrum)
07:30 PM - 07:50 PM		DISCUSSION
		Chairpersons

07:50 PM - 09:00 PM	Dr.JAYAKRISHNAN B (Tirur) Dr.VASUDEVAN POTTY (Trivandrum)	
07:50 PM - 08:10 PM THE NOVEL MANAGEMENT OF ERECTILE DYSFUNCTION IN DIABETES	Speaker: <b>Dr.DEEPAK JUMANI</b> (Mumbai)	









08:30 PM - 08:50 PM GLUCOSE MONITORING IN PREGNANCY	Speaker <b>Dr.SUNIL GUPTA</b> (Nagpur)
08:10 PM - 08:30 PM BETA CELL PRESERVATION IN TYPE 2 DIABETES	Speaker <b>Dr.ABDUL HAMID ZARGAR</b> (Srinagar)
08:50 PM - 09:00 PM	DISCUSSION











10:00 AM - 10:10 AM	PHYSICAL ACTIVITY
10:10 AM - 11:25 AM	Chairpersons <b>Dr.SABEER A RASHEED</b> (Trivandrum) <b>Dr.THANKAM D</b> (Trivandrum)
10:10 AM - 10:30 AM CONFLICTING HYPERTENSION GUIDELINES-WHICH ONE TO FOLLOW?	Speaker <b>Dr.L SREENIVASA MURTHY</b> (Bengaluru)
10:30 AM - 10:50 AM COVID-19 INDUCED DYSGLYCEMIA & FUTURE OF CV DISEASE BURDEN	Speaker <b>Dr.ANAND PILLAI</b> (Trivandrum)
10:50 AM - 11:10 AM CURRENT RECOMMENDATIONS ON LIPID LOWERING THERAPIES IN DIABETES	Speaker <b>Dr.HARIKRISHNAN S</b> (Trivandrum)
11:10 AM - 11:25 AM	DISCUSSION









# PROGRAM\_\_\_\_\_ DAY-2\_\_\_\_ PAULESCO HALL 10<sup>TH</sup> JULY 2021

11:35 AM - 12:50 PM O'SULLIVAN & MAHAN SYMPOSIUM	Moderators: DR.SHIJI P V (Trivandrum) DR.ELIZABETH K E (Trivandrum)
11:35 AM - 11:55 AM GDM -A WINDOW OF OPPORTUNITY FOR NCD PREVENTION	Speaker <b>Dr.SHALINI JAGGI</b> (New Delhi)
11:55 AM - 12:15 PM Considerations in the Management of GDM	Speaker <b>Dr.REMYA ARYAD</b> (Australia)
12:15 PM - 12:35 PM Postpartum lifestyle Intervention and prevention of Diabetes in women	Speaker <b>Dr.ANITA NAMBIAR</b> (Kochi)
12:35 PM - 12:50 PM	DISCUSSION
12:50 PM - 01:20 PM Chairpers	on: Dr.ARUN SHANKAR (Trivandrum)
12:50 PM - 01:10 PM TWIN TALK: DIABETES TECHNOLOGIES UPDATE 2021	Speaker Dr.JOTHYDEV KESAVADEV (Trivandrum) MS.GOPIKA KRISHNAN (Trivandrum)
01:10 PM - 01:20 PM	DISCUSSION

01:30 PM - 02:30 PM

**LUNCH BREAK** 







### PROGRAM\_\_\_\_\_ DAY-2\_\_\_\_ PAULESCO HALL 10<sup>TH</sup> JULY 2021

International Diabetes Federation Centre of Excellence in Diabetes Care

Chairpersons:	
02:40 PM - 03:55 PM	Dr.THOMAS PAUL (Angamaly) Dr.MATHEW THOMAS (Trivandrum)
02:40 PM - 03:00 PM Rheumatological Manifestations in diabetes	Speaker <b>Dr.KAMLAKAR TRIPATHI</b> (Varanasi)
03:00 PM - 03:20 PM GUT, BRAIN AND MICROBIOTA LINK	Speaker: <b>Dr.VINOD MITTAL</b> (New Delhi)
03:20 PM - 03:40 PM COVID ASSOCIATED MUCORMYCOSIS (CAM) AND GLYCEMIC CONTROL: CURRENT EVIDENCE	Speaker <b>Dr.RAJEEV CHAWLA</b> (New Delhi)
03:40 PM - 03:55 PM	DISCUSSION
04:00 PM - 05:00 PM	INAUGURATION
INAUGURATION Ms. VEENA GEORGE Hon. Health Minister, Kerala, India	<b>KEY NOTE ADDRESS</b> <b>Dr. CHERIYAN VARGHESE</b> World Health Organization (WHO) Geneva, Switzerland
<b>Dr.SHASHANK R JOSHI</b> Chairperson, International Diabetes Federation(IDF), South East Asia	<b>Dr.BANSHI SABOO</b> President, Research Society for the study of Diabetes in India (RSSDI)
Governor, American College of Direct	ANOJAN K KDr.MOHANAN NAIRcor, Sree Gokulam, follege And ResearchVice-Chairman, IMA PP Scheme, Kerala

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## PROGRAM\_\_\_\_\_ DAY-2\_\_\_\_ PAULESCO HALL 10<sup>TH</sup> JULY 2021

05:00 PM - 06:40 PM NICOLAE CONSTANTIN PAULESCO SYMPOSIUM	Moderators: DR. A P RADHAKRISHNAN (Palakkad) DR. MADHU N (Paravoor)
05:00 PM - 05:20 PM TARGETS TO TREAT INSULIN RESISTANCE	Speaker: <b>Dr.ARUN S MENON</b> (Kochi)
05:20 PM - 05:40 PM A CENTURY OF INSULIN FOCUSED DIABETES MANAGEMENT-WHAT IS THE FUTURE?	Speaker: <b>Dr.SANJAY REDDY</b> (Bengaluru)
05:40 PM - 06:00 PM IDENTIFYING AND RESOLVING ROADBLOCKS OF INSULIN USI IN PATIENTS WITH TYPE 2 DIABETES	Speaker
06:00 PM - 06:20 PM ADVERSE EFFECTS OF INCORRECT INSULIN ADMINISTRATION	Speaker: <b>Dr.GANESH H K</b> (Bengaluru)
06:20 PM - 06:40 PM	DISCUSSION







# PROGRAM\_\_\_\_\_ DAY-2\_\_\_\_ PAULESCO HALL 10<sup>TH</sup> JULY 2021

06:40 PM - 07:50 PM       Chairpersons:         Dr.ASHWIN DAVID ASHOK (Trivandrum)         Dr.SAJNA SHIJIN (Trivandrum)	
06:40 PM - 07:00 PM COMMUNICATIONS SKILLS AN TIPS FOR TELEHEALTH CONSULTATIONS	D Speaker Dr.SUNIL SHROFF (Chennai)
07:00 PM - 07:20 PM TIME IN RANGE VS POINTS IN RANGE	Speaker <b>Dr.MITHUN BHARTIA</b> (Guwahati)
07:20 PM - 07:40 PM TBR (HYPOGLYCEMIA) IN TIMES OF COVID-19	Speaker <b>Dr.PURVI CHAWLA</b> (Mumbai)
07:40 PM - 07:50 PM	DISCUSSION
07:50 PM - 08:10 PM Chairp	person: Ms.INDU THAMPY (Trivandrum)
07:50 PM - 08:05 PM LIVING WITH 2 CHRONIC DIABETES - DIABETES INSIPID AND TYPE 1 DIABETES	Speaker: <b>US</b> Ms.JAZZ SETHI (Ahmedabad)
08:05 PM - 08:10 PM	DISCUSSION









08:10 PM - 09:10 PM Chairperson: Dr.JAYAPRAKASH SAI (Trivandrum)	
08:10 PM - 08:25 PM NAFLD & DIABETES	Speaker <b>Dr.N MURUGAN</b> (Chennai)
08:25 PM - 08:45 PM PANEL DISCUSSION: ROLE OF VIT E IN NAFLD & METABOLIC SYNDROME	Speaker <b>Dr.N MURUGAN</b> (Chennai) <b>Dr.RAFIQ MUHAMED</b> (Kochi) Moderator <b>Dr.JAYAPRAKASH SAI</b> (Hyderabad)
08:45 PM - 09:05 PM PANCREATIC EXOCRINE INSUFFICIENCY (PEI) IN DIABETES- AVAILABLE OPTIONS	Speaker <b>Dr.G RAJESH</b> (Kochi)
09:05 PM - 09:10 PM	DISCUSSION











# PROGRAM\_\_\_\_\_ DAY-3\_\_\_\_ PAULESCO HALL 11<sup>TH</sup> JULY 2021

10:00 AM - 11:40 AM JPEF AIAARO SYMPOSIUM	Moderators Ms. GEETHU SANAL (Trivandrum) Dr.BANSHI SABOO (Ahmedabad) Dr.ROY R CHANDRAN (Calicut)
10:00 AM - 10:20 AM DIABETES REMISSION USING DIETARY METHODS	Speaker <b>Ms.SHILPA JOSHI</b> (Mumbai)
10:20 AM - 10:40 AM MANAGEMENT OF OBESITY IN DIABETES	Speaker <b>Dr.NEETA DESHPANDE</b> (Belgaum)
10:40 AM - 11:00 AM INSULIN- THE TRAFFIC-MAN BETWEEN ENERGY IN AND ENERGY OUT	Speaker: <b>Dr.ELIZABETH K E</b> (Trivandrum)
11:00 AM - 11:20 AM PROTEIN THE GAME CHANGER	Speaker: <b>Dr.DHARINI KRISHNAN</b> (Chennai)
11:20 AM - 11:40 AM	DISCUSSION
11:40 AM - 12:00 PM SICK DAY MANAGEMENT IN TYPE 1 ISPAD GUIDELINES	Speaker <b>Dr.ASHA ASHIK</b> (Kochi) Chairperson <b>Ms.GOPIKA KRISHNAN</b> (Trivandrum)
12:00 PM - 12:05 PM	DISCUSSION









#### PROGRAM\_\_\_\_\_ DAY-3\_\_\_\_ PAULESCO HALL 11<sup>TH</sup> JULY 2021

12:15 PM - 01:30 PM THE NEPHRO HUB	Moderators: Dr.CHACKO VARGHESE (Trivandrum) Dr.BALACHANDRAN K (Trivandrum)
12:15 PM - 12:35 PM NEWER MOLECULES FOR DKD WHEN TO USE AND IMPACT ON PATIENTS	Speaker <b>Dr.MANISHA SAHAY</b> (Hyderabad)
12:35 PM - 12:55 PM SLOWING DOWN THE FALL: REDUCING KIDNEY FUNCTION DECLINE IN DIABETIC KIDNEY DISEASE	Speaker <b>Dr.RADHIKA C R</b> (Trivandrum)
12:55 PM- 01:15 PM DRUG-INDUCED KIDNEY DISEASE IN DIABETES- MODERN MEDICINE AND ALTERNATE MEDICINE	Speaker <b>Dr.BEENA UNNIKRISHNAN</b> (Trivandrum)
01:15 PM - 01:30 PM	DISCUSSION







### PROGRAM\_\_\_\_\_\_ DAY-1\_\_\_\_\_ GEEVARGHESE HALL 9<sup>TH</sup> JULY 2021

#### 10:00 AM - 11:10 AM

PANEL DISCUSSION: EXPENSIVE LIFE SAVING THERAPIES IN DIABETES AND RELUCTANCE OF DOCTORS TO PRESCRIBE- IGNORANCE OR FEAR OR BOTH? Moderator: Dr.ASHOK KUMAR DAS (Puducherry)

International Diabetes Federation

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	· · ·
10:00 AM - 10:10 AM	Speaker Dr.ARUN B NAIR (Trivandrum)
10:10 AM - 10:20 AM	Speaker Dr.JOTHYDEV KESAVADEV (Trivandrum)
10:20 AM - 10:30 AM	Speaker: Dr.BANSHI SABOO (Ahmedabad)
10:30 AM - 10:40 AM	Speaker Dr.ANUJ MAHESHWARI (Lucknow)
10:40 AM - 10:50 AM	Speaker Dr.MANOJAN K K (Trivandrum)
10:50 AM - 11:10 AM	DISCUSSION
11:10 AM - 12:00 PM INSULIN PUMP WORKSHOP	Chairpersons Dr.SAJNA SHIJIN (Trivandrum) MSGEETHU SANAL (Trivandrum)
11:10 AM - 11:20 AM INTRODUCTION	Speaker: Dr.JOTHYDEV KESAVADEV (Trivandrum)
<b>11:20 AM - 11:40 AM</b> <b>INSULIN PUMPS TO ADVANCED</b> <b>HYBRID CLOSE LOOP SYSTEMS</b> A. BASICS OF INSULIN PUMP B. CALCULATING THE DOSE OF INSULIN IN THE PUMP C. USE OF PUMPS IN TYPE 1 DIABETES D. USE OF PUMPS IN TYPE 2 DIABETES E. TROUBLESHOOTING F. COMMON SCENARIOS	Speaker: Dr.VINAY MUKHEKAR (Bombay)
11:40 AM - 12:00 PM	DISCUSSION









# PROGRAM\_\_\_\_\_ DAY-1\_\_\_\_ GEEVARGHESE HALL 9<sup>TH</sup> JULY 2021

12:00 PM - 01:30 PM JPEF 2021: SELECTED ORAL PRESENTATIONS	Dr.SUMESH RAJ (Trivandrum) Dr.RAVEENDRAN A V (Oman) Dr.JOTHYDEV KESAVADEV (Trivandrum) Dr.ARUN SHANKAR (Trivandrum)
12:00 PM - 12:10 PM DOES HEMOGLOBIN LEVEL DETERMINE THE TYPE AND SEVERITY OF DIABETIC RETINOPATHY AMONG ADULTS WITH TYPE 2 DIABETES MELLITUS?	Speaker Dr.MEHRIN SAMED
12:10 PM - 12:20 PM EFFICACY AND SAFETY OF GLP-1 ANALOGUE IN DIABETIC KIDNEY TRANSPLANT PATIENTS	Speaker Dr.MITA SHAH
12:20 PM - 12:30 PM CORRELATION BETWEEN HBA1C AND HDL CHOLESTEROL IN PATIENTS OF TYPE 2 DIABETES	Speaker Dr.SUSMITHA SURESH
12:30 PM - 12:40 PM GENDER-BASED DIFFERENCE IN GLYCEMIC OUTCOMES IN PATIENTS WITH TYPE 2 DIABETES	Speaker Dr.MEERA KRISHNAN B
12:40 PM - 12:50 PM LIFESTYLE CHANGES AMONG PROFESSIONAL COLLEGE STUDENTS DURING COVID-19 PANDEMIC	Speaker Dr.ANTO CLARE VINSON









# PROGRAM\_\_\_\_\_\_\_ DAY-1\_\_\_\_\_ GEEVARGHESE HALL 9<sup>TH</sup> JULY 2021 12:50 PM - 01:00 PM 12:50 PM

COVID ASSOCIATED RHINO ORBITO CEREBRAL MUCORMYCOSIS: PREYING ON THE WEAK	Speaker: Dr.VAISHNAVI SANGEETH	
01:00 PM - 01:10 PM ASSOCIATION BETWEEN SUBCLINICAL HYPO- THYROIDISM AND TYPE 2 DIABETES MELLITUS: A CROSS- SECTIONAL STUDY IN A TERTIARY HEALTH CENTRE, KERALA	Speaker Dr.MOHAMMED RAMEES	
01:10 PM - 01:30 PM : DISCUSSION AND PRIZE ANNOUNCEMENT		
01:30 PM - 02:30 PM	LUNCH BREAK	
02:35 PM - 04:20 PM	Moderators:	
TYPE 1 SYMPOSIUM	Dr.BANSHI SABOO (Ahmedabad) Dr.ARUN SHANKAR (Trivandrum) Dr.ASHA ASHIK Dr.JOTHYDEV KESAVADEV (Trivandrum)	
02:35 PM - 02:50 PM WHAT IS LIMITING TYPE 1 DIABETES CARE IN INDIA- AWARENESS, COST, UNAVAILABILITY OF DEVICES?	Speaker: Dr.PRATAP JETHWANI (Rajkot)	

#### 02:50 PM - 03:05 PM TYPE 1 DIABETES CARE DELIVERY IN PRIVATE SECTOR

Speaker: Dr.PARVATHY L (Kochi)







# PROGRAM\_\_\_\_\_ DAY-1\_\_\_\_ GEEVARGHESE HALL 9<sup>TH</sup> JULY 2021

03:05 PM - 03:20 PM TYPE 1 DIABETES CARE DELIVERY IN GOVERNMENT SECTOR	Speaker Dr.RIAZ I (Trivandrum)
03:20 PM - 03:35 PM TACKLING STIGMA - STRESS TO SUCCESS IN TYPE 1 DIABETES	Speaker MS. JAZZ SETHI (Ahmedabad)
03:35 PM - 03:50 PM LIVING AND ACTING IN A FILM AS TYPE 1	Speakerzzz Ms.INDU THAMPI (Trivandrum)
03:50 PM - 04:20 PM	DISCUSSION
04:30 PM - 05:20 PM	Chairperson: Dr.RAVEENDRAN A V Oman)
04:30 PM - 04:50 PM ASSOCIATED ENDOCRINE CONDITIONS IN DIABETES- WHEN AND HOW TO EVALUATE	Speaker: Dr.ANEESH GHOSH (Trivandrum)
04:50 PM - 05:10 PM THYROID DISORDERS IN DIABETES- SCREENING AND MANAGEMENT	Speaker: Dr.MOHAN T SHENOY (Trivandrum)
05:10 PM - 05:30 PM PERIPHERAL VASCULAR DISEASE IN DIABETES - CURRENT STRATEGIES IN MANAGEMENT	Speaker: Dr.R C SREEKUMAR (Trivandrum)
05:30 PM - 06:00 PM	DISCUSSION
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# PROGRAM\_\_\_\_\_ DAY-1\_\_\_\_ GEEVARGHESE HALL 9<sup>TH</sup> JULY 2021

06:00 PM - 07:10 PM VACCINATION SYMPOSIUM	Moderators Dr.MOHANAN NAIR (Trivandrum) Dr.RAJALAKSHMI S (Trivandrum)
06:00 PM - 06:20 PM PNEUMOCOCCAL VACCINES	Speaker Dr.ARUN SHANKAR (Trivandrum)
06:20 PM - 06:40 PM INFLUENZA VACCINE	Speaker Dr.JOTHYDEV KESAVADEV (Trivandrum)
06:40 PM - 07:00 PM COVID VACCINE: AN UPDATE	Speaker Dr.CHANDNI R (Calicut)
07:00 PM - 07:10 PM	DISCUSSION
07:10 PM - 08:10 PM DIABETIC FOOT WORKSHOP	Chairperson: Dr.YASEEN UNES (Trivandrum)
07:10 PM - 07:25 PM DIABETIC CHARCOT FOOT: DIAGNOSIS AND MANAGEMENT	Speaker: DrJOHNNY KANNAMPILLY (Kochi)
07:25 PM - 07:40 PM Calus- a potential hidden Ulcer?	Speaker: Dr.ASHOK KUMAR DAS (Puducherry)
07:40 PM - 07:55 PM DIABETIC FOOT MANAGEMENT DURING COVID-149	Speaker: DrAJITH KUMAR S (Trivandrum)
07:55 PM - 08:10 PM	DISCUSSION









# PROGRAM\_\_\_\_\_\_ DAY-2\_\_\_\_ GEEVARGHESE HALL 10<sup>TH</sup> JULY 2021

11:00 AM - 12:00 PM Continuous glucose Monitoring Workshop	Moderators: Dr.PARVATHY L (Kochi) Ms.GOPIKA KRISHNAN (Trivandrum) Ms.GEETHU SANAL (Trivandrum)
11:00 AM - 11:10 AM INTRODUCTION TO CGM	Speaker Dr.JOTHYDEV KESAVADEV (Trivandrum)
<ul> <li>11:10 AM - 11:30 AM</li> <li>A. BASICS OF CONTINUOUS GLUCOSE MONITORING</li> <li>B. REAL TIME CONTINUOUS GLUCOSE MONITORING WITH GUARDIAN CONNECT</li> <li>C. INTERPRETING CARELINK DATA</li> <li>D. AGP AND TIR</li> </ul>	Speaker Dr.VINAY MUKHEKARombay)
<ul> <li>11:30 AM - 11:50 AM</li> <li>A. FLASH GLUCOSE MONITORING- BASICS</li> <li>B. COMPARE AND CONTRAST LIBRE PRO VS LIBRE</li> <li>C. DEMONSTRATION OF FLASH GLUCOSE MONITORING</li> <li>D. ROUTINE USE OF LIBRE/LIBRE PRO IN TYPE 1 AND TYPE 2 DIABETES</li> <li>E. FAQ</li> </ul>	Speaker Dr.RITU JOHARI (Mumbai)
11:50 AM - 12:00 PM	DISCUSSION







# PROGRAM\_\_\_\_\_DAY-2\_\_\_GEEVARGHESE HALL10<sup>TH</sup> JULY 2021

International Diabetes Federation Centre of Excellence in Diabetes Care

12:00 PM - 12:50 PM COVID SERIES EPISODE 2	Chairpersons Dr.SYAM SUNDER O S (Trivandrum) Dr.JOHN PANICKER (Trivandrum)
12:00 PM - 12:20 PM COVID-19 VARIANTS	Speaker Dr.SHIJI P V (Trivandrum)
12:20 PM - 12:40 PM TELEMEDICINE: NEW AVENUES IMPARTING TIMELY PATIENT CARE DURING COVID-19	Speaker: Dr.PRASANTH SANKAR (Pathanamthitta)
12:40 PM - 12:50 PM	DISCUSSION

01:00 PW - 01:30 PW	Chairperson: Dr.PRATAP JETHWANI (Rajkot)
01:00 PM - 01:20 PM Type 1 diabetes and obesity in adolescence	Speaker: Dr.ANOOP IQBAL (USA)
01:20 PM - 01:30 PM	DISCUSSION

01:30 PM - 02:30 PM

**LUNCH BREAK** 









### PROGRAM\_\_\_\_\_\_ DAY-2\_\_\_\_ GEEVARGHESE HALL 10<sup>TH</sup> JULY 2021

Chairpersons Dr.BENNY P V(Trivandrum) Dr.HARISH KUMAR G (Pala)
Speaker: Dr.SREEJITH N KUMAR (Trivandrum)
Speaker: Dr.JAYAKUMARI C (Trivandrum)
DISCUSSION
Speaker: Ms.GOPIKA BEENA CHANDRAN (Kottayam) Ms.ANJANA SANKAR (Trivandrum) Ms.ELNA M REJI (Kochi) Ms.KAVITHA T R (Kollam) Chairperson: Ms.ANJANA BASANTH (Kottayam)









# PROGRAM\_\_\_\_\_DAY-2\_\_\_GEEVARGHESE HALL10TH JULY 2021

#### 04:00 PM - 05:00 PM

#### INAUGURATION Ms.VEENA GEORGE

Hon. Health Minister, Kerala, India

#### **Dr.SHASHANK R JOSHI**

Chairperson, International Diabetes Federation(IDF), South East Asia

JPEF NUTRITION SYMPOSIUM

EATING WELL WITH DIABETES-

**NEWER CONCEPTS IN MNT IN** 

NUTRITIONAL MANAGEMENT

FOR INSULIN RESISTANCE AND

A PRACTICAL APPROACH

GESTATIONAL DIABETES

#### Dr.ANUJ MAHESHWARI

Governor, American College of Physicians(ACP), India Chapter

05:00 PM - 06:40 PM

05:00 PM - 05:20 PM

05:20 PM - 05:40 PM

05:40 PM - 06:00 PM

06:00 PM - 06:20 PM

06:20 PM - 06:40 PM

**ORGANIC FOODS: MYTHS** 

**WEIGHT GAIN** 

**AND REALITIES** 

#### Dr.MANOJAN K K

Director, Sree Gokulam, Medical College And Research Foundation, TVM

#### Dr.CHERIYAN VARGHESE

**KEY NOTE ADDRESS** 

INAUGURATION

World Health Organization (WHO) Geneva, Switzerland

#### **Dr.BANSHI SABOO**

President, Research Society for the study of Diabetes in India (RSSDI)

#### **Dr.MOHANAN NAIR**

Vice-Chairman, IMA PP Scheme, Kerala

#### Chairpersons:

Ms.VIJI KRISHNA (Trivandrum) Dr.ASHA ASHIK (Kochi)

Speaker: Ms.GEETHU SANAL (Trivandrum)

Speaker: Ms.SHERYL SALIS (Mumbai)

Speaker: Ms.RUBY SOUND (Mumbai)

Speaker: Dr.KAVITA GUPTA (Nagpur)

DISCUSSION

49









### PROGRAM\_\_\_\_\_\_ DAY-2\_\_\_\_ GEEVARGHESE HALL 10<sup>TH</sup> JULY 2021

06:40 PM - 07:00 PM CYTOKINE STORM (CYTOKINE RELEASE SYNDROME)- AN ONCOLOGIST'S PERSPECTIVE	Speaker Dr.HARI P N (USA) Chairperson Dr.AJU MATHEW (Kochi)
07:00 PM - 07:05 PM	DISCUSSION
07:05 PM - 07:25 PM Hypertension and salt	Speaker Dr.L SREENIVASA MURTHY (Bengaluru) Chairperson Dr.ANAND PILLAI (Trivandrum)
07:25 PM - 07:30 PM	DISCUSSION
07:30 PM - 08:40 PM COMPLICATIONS SYMPOSIUM	Moderators Dr.MAHADEVAN K (Trivandrum) Dr.SANDEEP R (Trivandrum)
07:30 PM - 07:50 PM PERIODONTAL DISEASE AND METABOLIC SYNDROME: DECODING THE INTERLINKS	Speaker Dr.MANIKANDAN (Trivandrum)
07:50 PM - 08:10 PM The Impact of Diabetes In Urologic Diseases	Speaker Dr.VASUDEVAN POTTY (Trivandrum)
08:10 PM - 08:30 PM Avoiding blindness in diabetes	Speaker Dr.DEVIN PRABHAKAR (Trivandrum)
08:30 PM - 08:40 PM	DISCUSSION
08:45 PM - 09:05 PM Let's do diy artificial Pancreas	Speaker Dr.YASEEN UNES (Trivandrum)
09:05 PM - 09:15 PM	DISCUSSION







# PROGRAM\_\_\_\_\_\_ DAY-3\_\_\_\_\_ GEEVARGHESE HALL 11<sup>TH</sup> JULY 2021

10:00 AM - 11:00 AM COVID SERIES EPISODE 3: The Final Episode	Chairpersons Dr.SEENAJ CHANDRAN (Kochi) Dr. JAYAKRISHNAN B (Tirur)	
10:00 AM - 10:15 AM HOW TO TREAT HIGH BLOOD GLUCOSE IN COVID TIMES- PRACTICAL MANAGEMENT TIPS	Speaker Dr.JAYANT PANDA (Cuttack)	
10:15 AM - 10:30 AM COVID-19, DIABETES AND THE BONE MARROW- THE OMINOUS TRIPLET	Speaker Dr.HARIKRISHNAN R (Trivandrum)	
10:30 AM - 10:45 AM Challenges in Normalising Weight During Covid Times	Speaker Dr.BENNY P V (Trivandrum)	
10:45 AM - 11:00 AM	DISCUSSION	
11:00 AM - 12:00 PMChairpersonsJPEF 2021: SELECTED ORAL PRESENTATIONSDr.SUMESH RAJ (Trivandrum) Dr.ARUN SHANKAR (Trivandrum) Dr.JOTHYDEV KESAVADEV (Trivandrum)		
11:00 AM - 11:10 AM TIME SPENT IN GLYCEMIC CONTROL AFTER INITIATING TREATMENT WITH ORAL SEMAGLUTIDE VERSUS EMPAGLIFLOZIN: AN EXPLORATORY ANALYSIS OF THE PIONEER 2 TRIAL	Speaker Dr.RAHUL MANGALATH (Trivandrum)	









### PROGRAM\_\_\_\_\_\_ DAY-3\_\_\_\_\_ GEEVARGHESE HALL 11<sup>TH</sup> JULY 2021

11:10 AM - 11:20 AM GLYCEMIC AND BODY WEIGHT RESPONSES TO ORAL SEMAGLUTIDE IN THE PIONEER TRIAL PROGRAM	Speaker: Dr.VIJAYA VASANTHAKUMAR (Bengaluru)
11:20 AM - 11:30 AM THE FIRST 30 EGYPTIAN PATIENTS WITH TYPE 1 DIABETES ON 14-DAY FACTORY CALIBRATED GLUCOSE MONITORING SYSTEM: CLINICAL USEFULNESS	Speaker: Dr.HOSSAM ARAFA GHAZI (Egypt)
11:45 AM - 12:00 PM	DISCUSSION

12:00 PM - 12:50 PMChairperson: <b>Dr.RAFIQ MUHAMED</b> (Kochi)	
12:00 PM - 12:20 PM CUSTOMIZED GLYCEMIC TARGETS IN ELDERLY	Speaker: <b>Dr.J K SHARMA</b> (New Delhi)
12:20 PM - 12:40 PM UPDATE ON THE VERSATILE VITAMIN D	Speaker: Dr.BALAKRISHNAN VALLIYOT (Kannur)
12:40 PM - 12:50 PM	DISCUSSION







# PROGRAM\_\_\_\_\_ DAY-3\_\_\_\_ GEEVARGHESE HALL 11<sup>TH</sup> JULY 2021

International Diabetes Federation

Centre of Excellence in Diabetes Care

12:50 PM - 01:30 PM 100 YEARS OF INSULIN JOURNEY: INSULIN WORKSHOP	Chairperson: Ms.GOPIKA KRISHNAN (Trivandrum)
12:50 PM - 01:05 PM THE EVOLUTION OF NOVOPEN OVER 35 YEARS-THE BIOGRAPHY OF THE FIRST INSULIN PEN	Speaker: <b>Dr.MANJUNATHA R</b> (Bengaluru)
01:05 PM - 02:20 PM The Future of Insulin: What is in store	Speaker: <b>Dr.PRAVEEN R</b> (Bengaluru)
01:20 PM - 01:30 PM	DISCUSSION



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jothydev's DIABETES &

P. KESAVADEV TRUST

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# ANNUAL GLOBAL DIABETES CONVENTION

#### DATES TO REMEMBER



VIRTUAL POWERED BY RX EVENTS





#### JPEF ORGANISING Committee

**Dr.JOTHYDEV KESAVADEV** Organising Secretary ceo@jothydev.net

**Dr.ARUN SHANKAR** Organising Chairman drarun@jothydev.net

Ms.GOPIKA KRISHNAN Chief Organiser gopika@jothydev.net

**Dr.ASHWIN DAVID ASHOK** Joint Organising Secretary drashwin@jothydev.net

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Mr.PRASAD H Convenor prasad@jothydev.net

**Ms.GEETHU SANAL** Convenor geethu@jothydev.net

Ms. ANJANA BASANTH Coordinator academics@jothydev.net

Ms.GOPIKA BEENA CHANDRAN Coordinator qbc@jothydev.net

Mr.DEEPU J S Coordinator it@jothydev.net

#### SCIENTIFIC ABSTRACTS COMMITTEE

Chairperson Dr.RAVEENDRAN A V

Members Dr.SUMESH RAJ Dr.JOTHYDEV KESAVADEV Dr.SUNIL PRASOBH P Ms.GOPIKA KRISHNAN

#### PATRONS

Dr.MADHUSUDANAN Trivandrum Dr.SATISH GARG USA

#### JPEF CONFERENCE SECRETARIAT

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#### NATIONAL SCIENTIFIC Committee

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International Diabetes Federation Centre of Excellence in Diabetes Care